

CAPE FEAR CAFE

SATURDAY SUNDAY AND SPECIAL HOLIDAYS MENU

Omelettes

All served with home fries & wheat toast

Good Folks Garden (v)~ 16.95

Spinach, mushrooms and brie.

Beaufort (v)~ 16.95

Vegetable caponata and Swiss.

Cape Fear River ~ 19.95

House-Smoked Salmon, capers and brie.

Western Omelette ~ 18.95

Grilled Ham, red peppers, green onions & Cheddar

Other Eggs

All served with home fries & wheat toast

Hangtown Fry ~ 18.95

Cornmeal fried oysters, country sausage, spinach & green onions in a scrambled eggs topped with parmesan cheese.

Vegetable Scramble (v)~ 16.95

Three scrambled eggs with spinach, mushrooms, zucchini, carrots and tomato top with parmesan.
(can substitute potato for eggs)

Two Eggs Any Style~13.95

Add bacon, country sausage or chicken apple sausage \$3.00 each

Side of Bacon 3 pcs \$4.95

Side of Sausage 2 patties \$3.95

Side of chicken apple sausage 1 link \$3.95

Side of breakfast potatoes \$3.95

Benedicts

All served with home fries

Norfolk Benedict~\$18.95

Sauté of spinach, mushrooms & tomato with *hollandaise sauce over two poached eggs
Served on black-peppered grits

Memphis Benedict~\$19.95

Grilled ham & cheddar with *hollandaise sauce over two poached eggs
Served on black-peppered grits

Charleston Benedict~\$21.95

Grilled shrimp & prosciutto with *hollandaise sauce over two poached eggs
Served on black-peppered grits

Sanford Benedict~\$21.95

Smoked salmon & sautéed spinach with *hollandaise sauce over two poached eggs
Served on black-peppered grits

Nik's Benedict~\$20.95

Two poached eggs with *hollandaise sauce
Served on Cape Fear's salmon-crab cakes

Wilmington Benedict \$19.95

Country sausage with *hollandaise sauce over two poached eggs
on a toasted English muffin

Classic Benedict~\$18.95

Two poached eggswith *hollandaise sauce over grilled ham on
toasted English muffin

BELGIAN WAFFLES & FRENCH TOAST

All Waffles & French Toast are served with house-made molasses butter & hot syrup

Belgian Waffle ~ 11.95

Belgian Waffle Special ~ 18.95

With two eggs any style & choice of Sausage, Bacon or Chicken Apple Sausage.

Savannah Banana Waffle ~ 14.95

With Toasted pecans & banana.

Panhandle French Toast ~ 12.95

With cinnamon & vanilla.

Sourdough Bread Pudding ~ 9.95

Drizzled with Crème Anglaise

Champagne Mimosa \$10.00

Split Plate Charge \$4.00

CAPE FEAR CAFE
SATURDAY SUNDAY AND SPECIAL HOLIDAYS MENU

Soup, Salads and Pasta

Cape Fear Clam Chowder

New England style with bacon bits
Cup: 7.50 Bowl: 11.95

Ginger Chicken Salad -18.95

Mixed greens with carrots, zucchini, mushrooms & onion with a ginger dressing, peanuts & sesame seeds.

Tuna Remoulade Salad \$17.95

Tuna salad with capers and olives over mixed greens and fresh vegetables.

Salmon-Crab Cake Salad* -22.95

Two Salmon-Crab Cakes with assertive aioli over mixed greens, fresh vegetables, blue cheese crumbled, cranberries and balsamic dijonnaise dressing.

Grilled Chicken Tandoori Salad - 18.95

Tandoori chicken breast over mixed greens, fresh vegetables, blue cheese crumble, cranberries and balsamic dijonnaise dressing.

**Ricotta Tortellini with Smoked-Salmon
23.95**

With Spinach in Romano cream sauce
Vegetarian Version \$18.95 (without salmon)

Side Salad \$6.95

Mixed greens, blue cheese crumble, cranberries and balsamic dijonnaise dressing.

Side French Fries \$5.95

Split Plate Charge \$4.00

Sandwiches

All served with choice of fries or salad

Cape Fear burger \$15.95

With lettuce, tomato, pickle and onion.
Choice of: Beef, Chicken or Garden Burger (V)
Add Cheese \$1.00

Cheddar, Pepper jack, Swiss, goat or blue cheese
Add bacon or avocado: \$2.50

Fried Oyster Poor Boy \$20.95

Remick sauce, onion, lettuce, tomato on Dutch crunch

Grilled Tandoori Chicken Sandwich \$17.95

With mango chutney and assertive aioli on home made focaccia.

Caponata & Swiss* \$16.95

Slow cooked eggplant, zucchini, tomato red peppers, onion and basil with assertive aioli on home made focaccia.

Ham & Swiss Cheese \$16.95

With lettuce, tomato & onion on sourdough.

The Belt \$17.95

Bacon, lettuce, tomato & sliced hardboiled egg with Remick sauce on rye

Turkey & Cranberry \$16.95

With lettuce and mayonnaise on whole wheat.

Tuna Remoulade \$17.95

With lettuce and tomato on whole wheat

Hummus Wrap (V) \$16.95

With Spinach, tomato, onion & Thai-ginger slaw wrapped in a spinach tortilla.

CAPE FEAR CAFE
KIDS BREAKFAST MENU

Two Eggs any style \$12.95
Served with home fries and wheat toast

One egg with bacon \$12.95
Served with home fries and wheat toast

One egg with country sausage \$12.95
Served with home fries and wheat toast

Pancakes 9.95

Panhandle French Toast \$9.95

CAPE FEAR CAFE
KIDS LUNCH & DINNER MENU

Grilled Cheese Sandwich \$10.95
With choice of salad or French fries

Peanut Butter & Jelly Sandwich \$10.95
With Choice of salad of French fries

Chicken Tenders \$13.95
With Choice of salad of French fries

Fish & Chips \$13.95 (starting at 5pm)

Shrimp & Chips \$13.95 (starting at 5pm)

Pasta \$9.95
Linguini with choice of cream sauce or butter and cheese