

CAPE FEAR CAFE

LUNCH MENU

Soup, Salads and Pasta

Cape Fear Clam Chowder

New England style with bacon bits
Cup: 7.50 Bowl: 11.95

Ginger Chicken Salad -18.95

Mixed greens with carrots, zucchini, mushrooms & onion with a ginger dressing, peanuts & sesame seeds.

Steamed Clams \$22.95

In a garlic ginger & white wine broth
Add linguini +\$4.00

Tuna Remoulade Salad \$17.95

Tuna salad with capers and olives over mixed greens and fresh vegetables.

Salmon-Crab Cake Salad* \$22.95

Two Salmon-Crab Cakes with assertive aioli over mixed greens, fresh vegetables, blue cheese crumbled, cranberries and balsamic dijonaise dressing.

Thai Pasta Salad \$22.95

Served cold wheat noodles, mixed greens, napa cabbage, grilled eggplant, red peppers and zucchini tossed with a peanut-tahini sauce
Add Chicken breast 6.00
Add prawns(5) - 10.00

Grilled Chicken Tandoori Salad \$18.95

Tandoori chicken breast over mixed greens, fresh vegetables, blue cheese crumble, cranberries and balsamic dijonaise dressing.

Vegetable Linguini \$18.95

Zucchini, green onion, tomato, mushrooms, spinach, carrots and red pepper in a sun-dry tomato pesto cream sauce.

Ricotta Tortellini with House-Smoked Salmon \$23.95

With Spinach in Romano cream sauce
Vegetarian Version \$18.95 (without salmon)

Sandwiches

All served with choice of fries or salad

Cape Fear burger \$15.95

With lettuce, tomato, pickle and onion.
Choice of: Beef, Chicken or Garden Burger (V)
Add Cheese \$1.00
Cheddar, Pepper jack, Swiss, goat or blue cheese
Add bacon or avocado: \$2.50

Fried Oyster Poor Boy \$20.95

Remick sauce, onion, lettuce, tomato on Dutch crunch

Grilled Tandoori Chicken Sandwich \$17.95

With mango chutney and assertive aioli on home made focaccia.

Caponata & Swiss* \$16.95

Slow cooked eggplant, zucchini, tomato red peppers, onion and basil with assertive aioli on home made focaccia.

Ham & Swiss Cheese \$16.95

With lettuce, tomato & onion on sourdough.

Turkey & Ham Club \$20.95

Turkey, ham and bacon with cheddar, lettuce & tomato on whole wheat.

The Belt \$17.95

Bacon, lettuce, tomato & sliced hardboiled egg with Remick sauce on Rye

Turkey & Cranberry \$16.95

With lettuce and mayonnaise on whole wheat.

Tuna Remoulade \$17.95

With lettuce and tomato on whole wheat

Hummus Wrap (V) \$16.95

With Spinach, tomato, onion & Thai-ginger slaw wrapped in a spinach tortilla.

Split Plate Charge \$4.00

*Aioli contain raw egg. Restaurant not liable for allergens not listed in ingredients. 18% gratuity for parties of 6 or more

CAPE FEAR CAFE
KIDS BREAKFAST MENU

Two Eggs any style \$12.95
Served with home fries and wheat toast

One egg with bacon \$12.95
Served with home fries and wheat toast

One egg with country sausage \$12.95
Served with home fries and wheat toast

Pancakes 9.95

Panhandle French Toast \$9.95

CAPE FEAR CAFE
KIDS LUNCH & DINNER MENU

Grilled Cheese Sandwich \$10.95
With choice of salad or French fries

Peanut Butter & Jelly Sandwich \$10.95
With Choice of salad or French fries

Chicken Tenders \$13.95
With Choice of salad or French fries

Fish & Chips \$13.95 (starting at 5pm)

Shrimp & Chips \$13.95 (starting at 5pm)

Pasta \$9.95
Linguini with choice of cream sauce or butter and cheese